



FREELING SCHOOL PRESCHOOL - YR 6

13th June 2023 TERM 2 WEEK – 7 NEWSLETTER # 10

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Phone: 08 8525 2045 Mobile: 0439 973 806 Absence SMS: 0428 179 768
Website: <https://www.freelingps.sa.edu.au/> Facebook: <https://www.facebook.com/Freelingp7/>



HAPPY HAVEN IS CURRENTLY STILL ABLE TO OFFER Out of School Hours Care
OSHC Service hours (6:45 – 8:45am and 3:00 – 6:15pm)

Outside of these hours the mobile number is available for you to leave a voice message or send a text message regarding bookings/absences.

HAPPY HAVEN - FREELING SERVICE – DIRECT 0404 735 135

PLEASE REMEMBER STUDENTS ARE NOT TO BE ON SCHOOL GROUNDS BEFORE 8:30am

PLEASE STAY MINDFUL of the HEALTH and SAFETY of OUR SCHOOL & WIDER COMMUNITY

- IF YOUR CHILD IS UNWELL, DO NOT SEND THEM TO SCHOOL. PLEASE NOTIFY THE SCHOOL VIA **PHONE 8525 2045** OR **SMS 0428 179 768**
- IF THEY ARRIVE AT SCHOOL OR BECOME UNWELL, WE WILL CONTACT YOU FOR THEM TO BE COLLECTED.
- PLEASE WASH OR SANITISE YOUR HANDS AND COVER YOUR COUGHS AND SNEEZES.
- MAINTAIN SOCIAL DISTANCING - 1.5 M BETWEEN ADULTS IN OR OUTSIDE OF SCHOOL GROUNDS.

THESE ARE RESPONSIBLE AND NECESSARY ACTIONS THAT RESPECTS THE HEALTH AND SAFETY OF EVERYONE

If your child develops symptoms such as a fever, cough, sore throat, shortness of breath, runny nose, loss of smell/taste, muscle/joint pains, diarrhoea, nausea/vomiting or extreme tiredness, please get tested.

If your child tests positive, you must inform Freeling Primary School on 85252045 immediately. You must also lodge the positive test result with [SA Health](#)

POSITIVE COVID-19 CASES SHOULD STAY HOME until acute symptoms have cleared (usually 5 to 7 days).

Although many COVID restrictions have been lifted and parents/carers are welcome to be on site and enter classrooms, we ask that all adult visitors practise physical distancing when on site and not attend the site if they are unwell. Please continue to advise us if your child is COVID positive and keep them home whilst unwell.

QUICK and EASY COMMUNICATION USING the SEESAW APP

In preparation to receive school information and make contact with your child's teacher, we ask that you download the SEESAW APP available free of charge from the APP Store or GOOGLE PLAY STORE. Information about joining your child's/children's class group has been shared by the class teachers.

At this stage, all school newsletters will be sent to class teachers who will send them out to families via the SEESAW APP.

DIARY DATES

TERM 2

JUNE

Thursday 15th
Preschool Photos

Tuesday 20th
Governing Council
7pm

Monday 26th
Rm's 9 & 10
Excursion

JULY

Mon 3rd – Fri 7th
NAIDOC Week

Wednesday 5th
Mid-Year Reports
Home

Friday 7th July
Early Dismissal 2:15pm

TERM 3

JULY

Monday 24th
First Day of Term 3



Mid-Year Intake for Preschool

The Department for Education have established a mid-year intake for preschool. This means that, starting this year, children who turn 4 years old on 1st May to the 31st of October can commence preschool through the mid-year intake process, at the start of term 3. These children will do 4 terms of Preschool, and start Reception in Term 3 of 2024 (completing 6 school terms of Reception). Children born after 31 October will be eligible to commence preschool at the start of next year.

Families who have enrolled their children in Preschool next term would have already received information about 2 transition visits (on Wednesday the 21st of June – including a parent session at drop off, and Wednesday the 5th of July). If you have enrolled your child, and not received any information regarding these transition dates, or have any questions regarding the mid-year Preschool intake, please contact the school on 8525 2045. We are looking forward to welcoming our new enrolments.

Seesaw Reminder

Teachers will only access Seesaw messages during school hours (approx. 8am-4:30pm) and when not face-to-face teaching or in meetings. If you need to get an urgent or timely message to your child's teacher, please contact the front office.

Seesaw is for teachers and students to share their learning journey at school and for parents to be able to communicate directly with their child's teacher. Teachers really appreciate messages from parents about their students learning and wellbeing. Please be mindful of keeping messages relevant to this, so as to support teachers with a manageable workload. They are regularly responding to 23-30 families.

Mid-Year Reports

Reports will be sent home in the last week of term 2 with your child's achievement in each learning area. Reports for students in years 1-6 will show the student's demonstration of the corresponding Achievement Standard using an A-E word equivalent grading system: Excellent, Good, Satisfactory, Partial, Minimal; with effort also reported in a similar way. A slightly different reporting system is used for reception students, where a description of student progress is included.

In years 1-6 your child's achievement is assessed and reported against the **Australian Curriculum Achievement Standards** in the following subjects.

- ENGLISH
- MATHEMATICS
- HEALTH & PHYSICAL EDUCATION
- LANGUAGES – JAPANESE
- HUMANITIES and SOCIAL SCIENCES (HASS) which includes; Geography, History, Civics & Citizenship (Years 3-6), Economics & Business (Years 5-6).
- TECHNOLOGIES which includes; Design Technologies, Digital Technologies.
- THE ARTS which includes; Drama, Dance, Media Arts, Music, Visual Arts.
Performing Arts is taught as a specialist subject at Freeling Primary School.
- SCIENCE

The Nationally Agreed Word Equivalents for the **Grades A-E**

A	Your child is demonstrating excellent achievement of what is expected at this year level
B	Your child is demonstrating good achievement of what is expected at this year level
C	Your child is demonstrating satisfactory achievement of what is expected at this year level
D	Your child is demonstrating partial achievement of what is expected at this year level
E	Your child is demonstrating minimal achievement of what is expected at this year level

Some students with additional needs, are working toward specific goals as documented in their One Plan. This may include assessment and reporting at specific standards not necessarily at their year level.

MATERIALS & SERVICES CHARGES 2023

The materials and services charges for 2023 are \$269, less the \$100 government rebate = \$169.



PAYMENT OF MATERIALS AND SERVICES

Payment of materials and services is now **overdue**. Please pay your child/ren's fees as soon as possible. There are many payment options (such as the instalment payment plan, and applying for school card) available to suit individual circumstances. Please feel free to reach out to the FPS Finance team on (08) 85 252 045 if you need to speak with someone about your options.

Payment may be made by cash, cheque, EFTPOS, or by EFT - Direct Bank Deposit (see details below). Payments can be made to the Front Office Reception from 8:30 - 3:30pm each day.

Name: Freeling Primary School
Branch: Bank SA
BSB No.: 105 109
Account No.: 396 038 240
(PLEASE REMEMBER TO USE A REFERENCE & CHILD'S NAME – ie. BROWN & FEES)

DUE DATES

Monday 19th June
Rm 9 & 10 CBD Excursion \$16

SCHOOL CARD SCHEME

If you think you may be eligible for School Card, please complete the online application form at the link below as soon as possible.

[Click Here to Apply for School Card](https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-a)<https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-a>

INSTALMENT PAYMENT PLAN

Please contact the school to arrange a payment plan.



GROWTH MINDSET MATTERS CONGRATULATIONS (Week 4 Term 2)

- Room 1 - Sue Bishop**
Tyler Spiteri & Abigail Wilson
- Room 2 – Sally Gardner**
Atarah Noll & Thomas Hill
- Room 3 – Carlee Tredrea**
Nathaniel Griffith & Kayleigh Chase
- Room 6 – Kristy Batson**
Jonathon Jinse & Nyah Summerton
- Room 7 – Lynne Randall**
Arabella Leech & Aisha Davidson
- Room 8 – Rachel Meinhardt**
Oscar Reschke & Quinn Gray
- Room 9 – Heidi Markwick**
Hazel Hardy & Cooper Marslen
- Room 10 – Emily Taylor**
Rosie Quinlivan & Madison Watts
- Room 11 - Coby Rodda**
Bon Lobrovic & Taye Poulton
- Room 12 – Anabel Pascoe**
Indy Noske & Quaide Summerton



GROWTH MINDSET MATTERS CONGRATULATIONS (Week 6 Term 2)

- Room 1 - Sue Bishop**
Brooklyn Reardon & Lucas Bartlett
- Room 2 – Sally Gardner**
Jaxon Freeman & Shiloh Reschke
- Room 3 – Carlee Tredrea**
Eli Woods & Alice Daly
- Room 6 – Kristy Batson**
Lena Newbound & Eamon Hargans
- Room 7 – Lynne Randall**
Eleanor Dickinson & Chelsea Marsic
- Room 8 – Rachel Meinhardt**
Mackenzie Strangways & Blake Coutts
- Room 9 – Heidi Markwick**
Lily Marsic & Rocco Reschke
- Room 10 – Emily Taylor**
Harrison Heinen & Lily Winslet
- Room 11 - Coby Rodda**
Amy Wingfield & Brock Gaertner



Parents & Friends
TERM 2

Week 8
TUESDAY 20th June

Chicken Burger	\$4.50
<i>(lettuce, tomato, cheese & mayo) unless specified</i>	
Ice Swing	\$2.00
<i>(raspberry, cola, lemonade)</i>	
Fruit box	\$1.50
Chocolate or Strawberry milk	\$2.00

Helpers: Rachel Lobrovic, Karina Heinrich

Week 9
TUESDAY 27th June

Ham & cheese or	\$4.00
Cheese croissant	\$4.00
Lamington finger (2)	\$2.00
Fruit box	\$1.50
Chocolate or Strawberry milk	\$2.00

Helpers: Lucy O'Leary, Jessica Smith

Week 10
TUESDAY 4th July

Pie or Pasty	\$4.00
Sausage Roll	\$3.50
Milk swing	\$2.00
<i>(chocolate or strawberry)</i>	
Fruit box	\$1.50
Chocolate or Strawberry milk	\$2.00

Helpers: Lucy O'Leary, Rachel Lobrovic

PLAYGROUP
@ FREELING P-6

9am - 10:30am
Every Friday morning
during school terms




Please bring hats,
sunscreen &
drink bottles .

Please park on
Shanahan St
(back of school)
to access our
playgroup.

FREELING PS
GOVERNING COUNCIL
MEETING
TUESDAY 20th June 2023
7pm in the Staffroom

DON'T FORGET!



SCHOLASTIC

Book Club

orders are due:

FRIDAY 23rd JUNE

SAPSASA FOOTBALL



Congratulations Jaxson and Amelia on being selected to play in the SAPSASA Barossa & Light football teams. The carnival was played over three days at West Lakes. Jackson's team finished 5th and Amelia's team finished 2nd, the first girls team to win a medal for the Barossa & Light.



Jaxson – “The football was good, I enjoyed day 3 because we won all of the games that day. I made new friends, and the coach was nice which made it better.”

Amelia – “The football was fun, I made a lot of friends because they were fun to be around. The volunteers made the 3 days really fun.”



BROWNIES FOR SALE \$2
EACH
FRIDAY 23rd JUNE

LOST PROPERTY

Please check the lost property bins for any clothing, drink bottles, plastic containers, ribbons that your child may have misplaced.

There are also a number of un-named clothing items on our clothes hanger.

HOSTING A JAPANESE STUDENT



Kapunda High is excited to be offering the opportunity to host a Japanese student in early term 3. The students are coming from Tokyo and are affiliated with Meiji University. Here is a link to some information in English about the schools: <https://www.meiji.ac.jp/cip/english/about/junior.html>. They will be in Australia from July 27th until August 11th. The benefits of hosting a student are building a connection with another culture and creating the opportunity to build friendships. There is support to obtain a Working with Children Check, and there is a small allowance to fund the homestay. You will also have access to 24/7 support. Homestay families are responsible for providing a bed (shared room is fine) and meals. Kapunda High School organises two excursions: one to the Gorge Wildlife Park and Whispering Wall and the second excursion is to the Central Market and South Australian Museum. If you are interested in hosting a Japanese student please contact Scott Durand, the Japanese teacher at Kapunda High via email (scott.durand752@schools.sa.edu.au) or via phone (0418 498 345)

WELLBEING CORNER

with MRS NELSON

Hello to the FPS families and community members,

This week I'll be focusing on what our Student Voice committees have been up to, parent/child separation in the mornings, and I'll share a quick and easy co-regulation activity to do together with your child when you notice they are heightened or upset.

STUDENT VOICE CATCH UP

This term has been a busy one so far for our Student Voice members. We have listened to the needs of the students and decided to go ahead with the creation of a Japanese inspired Zen Garden, across from the Japanese and Interoception rooms. Mrs Nelson met with Milton Vadoulis, of Vadoulis Garden Centre, who donated his time to design the garden for us. If you happen to pop in to Vadoulis', tell them you're from Freeling PS and let them know how much we appreciate their assistance! To create this wonderful garden, we need to raise some money. We are aiming for \$2,000, so have embarked on a series of fundraising events across the term. So far we have had a dress up day, sold jelly cups, honey crackles and mini cheese toasties. We have raised almost \$500 so far. Next week, we will be selling brownies for \$2 each. Thank you and well done to the Student Voice members and the community for supporting our ventures.

CO-REGULATION

When children experience big emotions, they can often become dysregulated, which might look like over excited, too loud, unable to control their bodies, rapid mood swings, or shutting down and 'freezing'. Humans need to learn to regulate their emotions and co-regulation is a great way to start. Co-regulation means that you are regulating with your child, at the same time, and modelling to them how to find calmness and work through those big feelings.

Connect Through Touch

Touch is a powerful way to connect emotionally with your child. Ask if it's ok to rub their back, feet, or hands. Draw simple shapes on their backs, like the sun or a flower, and then ask them to do the same on you. These simple activities bring you closer and make it easier for the child to open up and share their anxieties and fears with you (which are often driving the big emotions and meltdowns).

This activity comes from the building Better Brains website, which has lots of useful information on co-regulation.

<https://buildingbetterbrains.com.au/coregulation-techniques/>

CHILD/PARENT SEPERATION

The following article comes from the Royal Children's Hospital – Melbourne.

<https://www.rch.org.au/kidsinfo/anxiety/>

Anxiety - primary school aged children

This fact sheet is available in the following languages: [Arabic](#), [Hindi](#), [Punjabi](#), [Simplified Chinese](#), [Somali](#) and [Vietnamese](#).

Feeling worried or anxious sometimes is normal. But some children have excessive or repeated fears, worries and anxious feelings that can last for weeks or more. These strong feelings can interfere with typical daily activities, such as going to school or seeing friends, which children may try to avoid. When children's anxiety is severe or long-lasting it may be an anxiety disorder.

For parents, it can be hard to spot the signs of anxiety as it can show up in a variety of ways. It can be difficult to know what a 'normal' amount of worry is, and when to seek further help. Avoiding a situation that makes your child anxious may seem best, but it can quickly become a pattern that is hard to break.

Common signs and symptoms

- Regularly avoiding everyday experiences and situations, such as school, social events, playing, sport, eating or sleeping
- Frequent physical complaints, such as tummy aches and headaches
- Sudden emotional or angry outbursts, tantrums or 'meltdowns'
- Difficulty sleeping
- Changes in appetite
- Seeking reassurance often
- Being preoccupied or unable to concentrate
- Overplanning situations and overthinking things

Many children will show these signs from time to time, and they may not be related to anxiety. When these signs appear frequently, in an ongoing pattern and cause your child to struggle with everyday life, they may be indicators of an anxiety condition or disorder. Common types of anxiety disorders in children include social anxiety, separation anxiety and generalised anxiety.

Signs of anxiety (primary school aged children)



When and where to seek help

If your child regularly shows signs of anxiety, you can discuss this with their GP or another health professional, or their teacher. Some indicators that it is time to seek help include:

- if your child seems excessively worried or anxious, or feels anxious more often than not
- if anxiety stops your child from taking part in typical daily activities, such as attending school, socialising, playing or eating and sleeping well.

Your child's school will be able to assist. Schools have support for children who feel anxious or don't want to attend school, including trained staff members. In many cases they can connect children to psychologists or counsellors.

Diagnosis and treatment of an anxiety condition or disorder in a child can be provided by a trained and experienced health professional. If needed, a GP can arrange a referral to a paediatrician, child psychologist or other mental health professional to assess and support your child.

You could try an online treatment program for anxiety (see 'Useful resources' below).

How to help your child at home

If your child is showing ongoing signs of anxiety, you can support them at home in the following ways:

- Encourage your child to talk about their feelings and let you know when they get overwhelmed. It might help to explain these feelings are common – we all feel worried or scared sometimes.
- If there is a particular situation your child finds challenging, support them to gradually do the thing that makes them anxious. For example, if going to a crowded shopping centre makes them anxious, start with short trips to the local shops, building up to visiting a shopping centre in a quiet period.
- Make a practical plan together for coping with anxious feelings in the future, such as breathing techniques or reassuring phrases to focus on.
- Take time out to have fun together and take the focus off feelings of anxiety.
- Help your child to have healthy routines that include enough good-quality sleep, regular outdoor exercise, eating well and avoiding excessive screen time.
- Prioritise your child attending school. Attending and participating in school will help your child develop important skills and knowledge to help them learn, as well as building their social and emotional skills.

If you are a parent or carer with anxiety, it is important to also care for your own mental health and seek help when you need it.

Useful resources

- [The Brave Program](#): An interactive online program aimed at 8–12 year olds to help them overcome worries and learn coping strategies.
- [Fear-Less Triple P Online Course](#): A toolkit to help your child manage anxiety and become more emotionally resilient.
- [Cool Kids Program](#): An interactive online program aimed at 7–12 year olds to help them overcome anxiety and build confidence.
- [The Beyond Blue Child Mental Health Checklist](#): A general tool to check your child's symptoms and whether to get professional help.
- [Kids Help Line](#): A free, confidential 24/7 online and phone counselling service for young people.
- [Smiling Mind Kids Care Packages](#): A series of calming activities and audio recordings for children based on mindfulness meditation.
- [Mental health and wellbeing toolkit](#): Advice to support student mental health and wellbeing, aimed at students, parents and caregivers, and schools.
- [Parentline](#): A free phone counselling service where you can discuss parenting challenges and get support.

Key points to remember

- It's normal for children to feel anxious, worried or fearful some of the time.
- Anxiety can be hard to recognise in children, as the signs are varied and include common things such as tummy aches, recurrent headaches, tantrums and difficulty sleeping.
- It's time to seek help if your child has severe, frequent or ongoing symptoms, and if they are avoiding daily activities and situations that provoke their anxiety.
- For help, discuss your child's feelings and behaviour with their teacher, GP or another health professional such as a nurse, paediatrician, counsellor or psychologist.
- There are ways to support your child at home and online resources that may help.

For more information

- Beyond Blue: [Healthy families: Anxiety \(6–12 years\)](#)
- Raising Children's Network: [Anxiety and fears in children \(0–8 years\)](#)
- Raising Children's Network: [Generalised anxiety in children \(3–8 years\)](#)
- Raising Children's Network: [Anxiety: the stepladder approach \(3–8 years\)](#)
- Healthdirect: [Anxiety in children](#)

fusionFamiliescourse

Raising your children is the most important role you will ever have.

You are literally giving them strong foundations for life.

Have you ever thought about what you want your family to look like?



Presented by

Kapunda Light Church and Fusion Australia.

A course that will help you to proactively work towards your hope and dreams for your family.

whowhatwherewhen?

What is the Families Course?

Choosing values. Learning skills. Building families that thrive!

The Families Course is an initiative of Fusion Australia.

In this short course, parents, grandparents, carers and others will develop a picture of the family they want, and will learn skills and strategies to make that happen.



All parents, carers, grandparents etc would benefit from this course.

For people who would like to support parents as mentors.

Sunday afternoons 3pm-5pm followed by a light supper, beginning 25th June and finishing 16th July

Venue – Light Community Church Kapunda

What is in the families course?

Course outline

Session 1: Foundations for Families

Who was significant to you when you were growing up? Often it was someone who listened and cared but also had clear boundaries. Every family needs a firm foundation, values that last and reasons for the rules.

Session 2: Building Nurturing Skills

Research shows that children who have a warm loving relationship with the adults in their lives will be more resilient and better equipped for hard times. This session presents practical ways to help children feel loved, heard, valued and reach their potential.

Session 3: Understanding Ages and Stages

When we know what is "normal" at a particular age and stage, it can lower our stress levels. This understanding enables us to better care for children and draw appropriate boundaries.

Session 4: Being Positive

When we notice the good things children do, it powerfully affects their behaviour! We all love genuine encouragement and specific praise. Our children will blossom when we expect the best and catch them doing good!

Session 5: Building Honest Relationships

Honesty can really improve our family life! When it is safe to be real with each other, relationships grow. We want home to be a place where kids love to be, with people they can trust.

Session 6: Independence

Every child is on a journey to independence and it's not always smooth! We can help by watching and listening carefully. Is their behaviour a testing of boundaries or a cry for help and support?

Session 7: Dealing with Conflict

Unfortunately, quarrels and fights are a normal part of family life. There are ways to deal with conflict that will lessen the hurt and stress and give kids tools for life.

Session 8: Discipline

Can we maintain clear consistent boundaries? Is it possible to carry out consequences yet still communicate our love and support? It may take some work but the benefits to family life are worth the effort!

Outcome of the Families course

"The positive, practical ideas in this course continue to give me the courage and tools to build our family life."



Contact Andrea Schulz 0402 472 843

Or register your interest by email - andrea@lightcc.org.au
Register Now



Kiwanis Book Swap Library

Kiwanis International is a global community of clubs, members and partners dedicated to improving the lives of children, one community at a time.

Kiwanis has partnered with Freeling Primary School this year, with the aim to make books accessible for all students and families.

Rob and Bill from Kiwanis came to a recent assembly and presented the school with a book swap library, which includes a variety of books for lots of ages and interests.

This will be placed outside the main building at the beginning of each day and brought in overnight. We encourage all students, families and community members to take what you need, swap if you can, and most of all, enjoy reading!



HANDMADE CARDS

Assorted handmade cards for sale at the Front Office. Cards are designed and made by a Wheatfields' resident.

\$2.50 each

Proceeds will go towards future student voice projects.



If your child turns 4 before 1 May, they're eligible to start preschool in term 1 that year.

If your child turns 4 between 1 May and 31 October, they're eligible to start preschool in term 3 that year.

If your child is born after 31 October, they're eligible to start preschool in term 1 the following year.

DON'T FORGET!

At preschool, children are learning through play to:

- ★ make friends, share and play with others
- ★ become confident learners
- ★ understand their feelings and the feelings of others
- ★ express their creativity through dance, movement and art
- ★ develop their physical skills and fine motor skills
- ★ develop their literacy skills such as listening, speaking and communicating
- ★ develop maths skills such as counting, measuring, and solving problems

Government preschools provide specialised support for children, including:

- ★ bilingual support for children with little or no English
- ★ educational support for children with hearing, speech or language impairment and children with developmental delay or disability
- ★ Aboriginal children and children in care can access preschool from 3 years of age

Learn more about how to enrol your child in a government preschool by visiting

www.education.sa.gov.au/preschool-enrolment

ENROL NOW

PRESCHOOL ENROLMENT



FIND OUT MORE



Government of South Australia
Department for Education

Enrolment Details



OVUNA

ONE APP.
ALL THE FEATURES.

(FullyBooked no longer in use)

Scan the QR Code to start the enrolment process



Download our app



GET IT ON
Google Play



Available on the
App Store

COMMUNITY NOTICES



Indoor Carpet Bowls

Freeling Institute
Tues 6.30pm
\$5 per person
(School terms only)

Drinks & Snacks
available for
purchase

The advertisement features a dark teal background. At the top, the text 'Indoor Carpet Bowls' is written in white. Below this, 'Freeling Institute' is in orange, followed by 'Tues 6.30pm' and '\$5 per person' in the same color. A smaller note '(School terms only)' is in white. The bottom section has 'Drinks & Snacks available for purchase' in white, slanted text. Images include a green carpet bowl mat with yellow bowls and a black bowl with a yellow ball on a green mat.



FUN NET
BEGINNERS NETBALL SKILLS PROGRAM

Starting on May 4th and running for the duration of Term 2, this program is a great way to learn netball skills while having some fun!

Held on Thursday nights in the FARM Centre, 4:15pm - 5pm for kids aged between 5 and 7

\$100 with sports vouchers accepted

Please email your interest to freelingnetballclub@gmail.com

Freeling NETBALL CLUB

The advertisement has a light blue background with white decorative lines. The title 'FUN NET' is in large, blue, bubbly letters, with 'BEGINNERS NETBALL SKILLS PROGRAM' in red below it. The text describes the program's start date, location (FARM Centre), and time (4:15pm - 5pm) for children aged 5-7. It mentions a \$100 fee with sports vouchers accepted. Contact information is provided at the bottom. The Freeling Netball Club logo is also present.



LUTHERAN CARE

CHILDREN'S CONTACT SERVICE

Helping children stay connected to parents after separation

Lutheran Care's Children's Contact Service provides a safe, reliable and neutral place for parents to stay connected to their children during and following separation.

Monday to Friday
9am - 5pm

Ngadjuri Country,
Gersch House,
24 Second Street,
Nuriootpa, SA 5355

Contact Us
☎ (08) 8562 2688
✉ ccs@lutherancare.org.au

How we can help:

We provide:

- a safe place for the changeover of children
- an environment for children to have supervised and supported visits
- information for client families regarding their children
- referrals for services available for supporting the whole family during separation.

Our spaces are:

- specifically designed for children to play
- both indoor and outdoor
- for all ages
- safe, neutral, and friendly
- full of supportive staff!

www.lutherancare.org.au

LUTHERAN CARE

The advertisement features a photograph of a man and a young girl walking hand-in-hand. The Lutheran Care logo is in the top left. The title 'CHILDREN'S CONTACT SERVICE' is in a dark orange box. Below it, the service's purpose is described. Contact details (hours, address, phone, email) are listed. A 'How we can help:' section lists services provided and space features. The website and Lutheran Care logo are at the bottom.



ROAD WORKS INFORMATION FOR FPS PARENTS / CAREGIVERS

Construction plan for Gray, Shanahan and Mattiske Streets
 Gray Street Stage 1 (Stephenson Street to Coulls Street): March to April
 Gray Street Stage 2 (Coulls Street to Schuster Street): April to May
 Gray Street Stage 3 (Schuster Street to 38 Gray Street): May
 Shanahan Street: June
 Mattiske Street: June

Detours will be in place during these works, we appreciate your patience.
 During the Shanahan and Mattiske works- this location will be closed off for school drop off.

ROAD CLOSURE UPDATE FROM REGIONAL COUNCIL

We've now closed the next section of Gray Street (from Coulls Street to Thiele Highway).

Please drop off and collect students from Coulls Street only, and not on Shanahan Street during this time (6-8 weeks).

Barossa & District Pipe Band
PRESENTS

Winter Flame

TORCH-LIGHT PARADE

Saturday 17th June, 2023
6:00pm
Main Street, Tanunda
Market from 2:30pm

GKR KARATE
KARATE FOR EVERYONE

START KARATE NOW!

& RECEIVE A FREE UNIFORM + DISCOUNTED JOINING FEE

CONFIDENCE • FOCUS • DISCIPLINE • FUN

WE RUN CLASSES IN
THE F.A.R.M. CENTRE
EVERY FRIDAY
(Classes are run throughout the school holidays)

TO BOOK IN FOR A FREE TRIAL CLASS,
PLEASE TAKE A PHOTO AND SMS TO **0403 507 049**

Name: _____ Date of Birth: _____
 Guardian Name: _____
 Guardian email: _____
 Contact Number: _____ Date: _____

FOR FURTHER INFORMATION, Call EDDE NIO on 0403 507 049